

INFORMATION FOR PATIENTS

PATIENT NAME: _____

Patch testing will begin at: _____ (Time) on _____ (Day/Date)

Return for **reading #1** at: _____ (Time) on _____ (Day/Date)

Return for **reading #2** at: _____ (Time) on _____ (Day/Date)

Return for **reading #3** at: _____ (Time) on _____ (Day/Date)

Final results and counseling at: _____ (Time) on _____ (Day/Date)

Pre-test Instructions (if you have any questions, ask your doctor):

- ☐ Wear comfortable clothing ☐ Other: _____
- ☐ No oral corticosteroids for 2 weeks prior to testing _____
- ☐ No skin lotions or medicines on test areas _____

QUESTIONS AND ANSWERS ABOUT T.R.U.E. TEST® (ALLERGEN PATCH TEST)

What is allergic contact dermatitis? This is a skin reaction that occurs when you touch or contact substances that you are allergic to. Your skin can be itchy, cracked, red, sore, and even bleed. The substances that cause this reaction can be an ingredient in your makeup, aftershave, shampoo, jewelry, medication, and clothing. You may also find these substances at work in your cleaning supplies, paper and ink, medicines, disinfectants, construction materials and rubber products.



What is T.R.U.E. TEST? T.R.U.E. TEST is a reliable, easy to use patch test. It is designed to help your doctor find out whether you are allergic to the substances included on the test panels (shown in the table below). The test panels contain 28 different substances known to cause allergic contact dermatitis. T.R.U.E. TEST also includes a negative control that can help your doctor interpret your skin reactions.

| <i>Panel 1.1</i> | <i>Panel 2.1</i> | <i>Panel 3.1</i> |
|-------------------------------------|---|----------------------------|
| 1. Nickel sulphate | 13. <i>p</i> -tert-Butylphenol formaldehyde resin | 25. Diazolidinyl urea |
| 2. Wool alcohols | 14. Epoxy resin | 26. Imidazolidinyl urea |
| 3. Neomycin sulfate | 15. Carba mix | 27. Budesonide |
| 4. Potassium dichromate | 16. Black rubber mix | 28. Tixocortol-21-pivalate |
| 5. Caine mix | 17. Cl+Me- Isothiazolinone | 29. Quinoline mix |
| 6. Fragrance mix | 18. Quaternium-15 | |
| 7. Colophony | 19. Mercaptobenzothiazole | |
| 8. Paraben mix | 20. <i>p</i> -Phenylenediamine | |
| 9. Negative control | 21. Formaldehyde | |
| 10. Balsam of Peru | 22. Mercapto mix | |
| 11. Ethylenediamine dihydrochloride | 23. Thimerosal | |
| 12. Cobalt dichloride | 24. Thiuram mix | |